



### **Elephant's Smiling, the MPD for Kindergarten Child**

*"All parents dream to have their children of both good health and good mental hygiene without defects, autism, third gender and safe! The MPD for kindergarten child is the unique measure for prevention and impairment and also soundly development.*

*Elephant's smiling or smile elephant is an impressive logo for children for practice and calling as a noun, the second name or pronoun one of the MPD practice. MPD stands for mind power development."...*

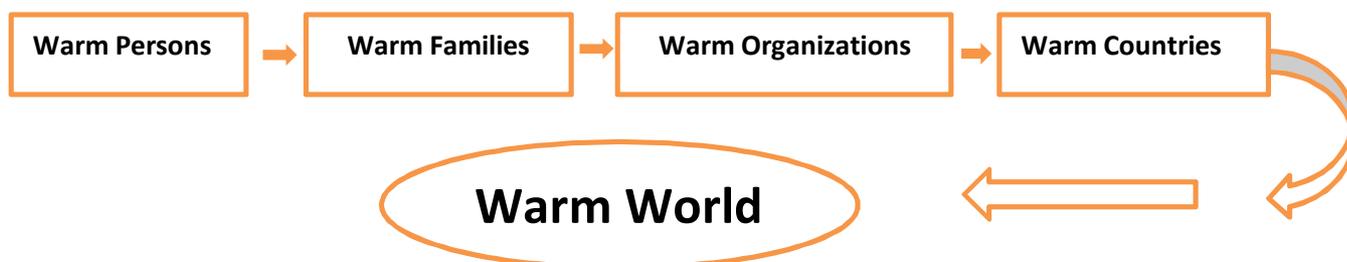
*Here now, October 19, 2016, the article presents to world for virtue cultivation conferring to H.M. the King Bhumipol Adulyadej in accordance of Glorious Paradise destination, the solemn calm duration of Thai people.*

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### **The Great Significance of MPD:**

1. By the MPD, we found that the exactly cause of autism spectrum disorder and third gender is only some types of emotion sicknesses because of not sufficient mind power status. The sufficient mind power status at the range of pre-adolescence to old age is 3,000 MPUs which is called "Warm Mind" status.
2. Emotion plays significant roles to the whole life of human being; the bad emotion is the real causes of all sufferings; \*bad emotion varies inversely to mind power; \*good emotion varies directly to mind power;
3. If developed much of mind of my power, then bad emotion become less.
4. Mind power can be gained more and more little by little, unit by unit continually accumulated up to warm mind (starting at 3,000 MPUs.); If stopped practice, then mind power will decrease or lost;
5. Only practicing of MPD to getting warm mind, lower limit of 3,000 MPUs, is automatically development of self-discipline, self-realization, polite, diligent to work, conflicts ceased, intelligence, good emotion, thinking abilities, no any as called psychosis, good moral, autism, third gender, etc. without any other treatments. The simple practice, even kindergarten children could, but over abundant benefits.
6. MPD is the unique simple-gigantic tool to change absolutely the world with tenderly and rapidly as the following Concrete Theory:



### **The Kindergarten Child, why?:**

Kindergarten child (2-3 to 4-5 yrs.) is the early stage of human life, there is some aspects, not normal observed such as in-attended, hyper, problem-child, slow learner etc. that cause unhappy to parents, relatives and close relations. As the early stage, we have to give more prevention, development and impairment as needed. In order to release such aspects, there is only unique technique to prevent and recover to become normal is only the MPD.

We trust in God that we should to inculcate to our children as for all lives getting happiness and calm life as absolutely. People only calling name of the Highest God is the most powerful for helping and protecting to every human life. Such statements could be proved after one who got mind power unit (MPU.) accumulated at least 50,000 MPUs. Therefore, the kindergarten child has to call the name, only the name, of the highest God while doing MPD.

The kindergarten child is the first period of human life, therefore, if the early period were good then the whole life would be good up to ended.

### **The methodology of MPD practice:**

**Preliminary Stage:** Smile elephant, the MPD, has to be introduced with warm and enjoy presentation, without serious manner to a child. Firstly child has learn about breathing, put child's back hand touched our nose to know inhale and out hale and then the child does inhale and out hale correctly. Second step, a child has to learn hard, moderate, and soft breathing then chooses not too long and not too short as the child likes to become "consciousness breathing" with feeling of inhale and out hale. At the beginning, it may not exactly correct but it should be accepted and left it develops further.

**Come to the Doodle Practice:** Do one breathing, inhale and out hale, and calling highest god's name alternatively five times. This is one course of practice. Do five courses a day: (1) before going bed, (2) in the morning before leaving home or at home, (3) in the morning at school, (4) mid-day, (5) before leaving school or evening. Doing smile elephant day by day continually, non-stop, to accumulate mind power unit is needed.

**Name of the Highest God:** For Islamic is "Allaoh" ; Christian is "Summum Bonum"; Brahmin or Hinduism is "Maha Brahma"; Sighism is "Maha Guru"; Buddhist is "Bud-dho".

**Mind power unit for kindergarten child:** KU. Focus on oxygen to pulmonary system, one breathing and calling God's name once is one KU. So that one course of practice, a child will receive 5 KUs. And a day is 25 KUs. There is changing a little continually, behavioral and emotional expression, and become obvious seen when reaching to 3,000 KUs.

**Parents, teacher and other who closed to the child:** All persons who often interact with the child have to have warm mind that they have to practice the MPD complete of 3,000 MPUs or do it parallel with the child. The reason is parents and teacher have to give motivation and comforting a child to do "smile elephant" with smooth and favorable feeling day by day continually.

The excellent technique for parents, teacher or other, they have to call the highest God's name in mind follow comfortable breathing, inhale and out hale. For example, Islamist, while inhaling call in mind that "AL" and then out

haling call in mind that “Laoh” or “Lah”. Do the same fashion for **five minutes for one time only, 5 minutes restricted not more or less. \*The five-minute period is the standard great time of the MPD practice.**

\*For **Christian**: while inhaling call in mind that “SUMMUM” and then out haling call in mind that “BONUM”

\*For **Hinduism**: while inhaling call in mind that “Maha” and then out haling call in mind that “Brahma”.

\*For **Sikhism**: while inhaling call in mind that “Maha” and then out haling call in mind that “Guru”.

\*For **Buddhist**: while inhaling call in mind that “Budh” and then out haling call in mind that “dho”.

**\*\*\*Every person has to practice MPD 5 minutes a time and 4 times a day: (1) before going bed, (2) morning, (3) mid-day or after lunch, (4) evening. \*\*\***

**\*\*\*Remarks:** Alarm clock or any similar is prohibited. The practitioner has to do by mind estimation, as earlier state, the beginner may estimates fluctuate less or more 5 minutes, let it be. Usually, within first week, the beginner can estimate time accurately, 5 minutes, that means the beginner has mind power up!

**\*\*\*Because of MPD is the Doddle Practice so that all common lay man can be teacher/supervisor/ trainer of Own Self.\*\*\* No need any person!**

**MPD practice is not Meditation, not Yoga and not Kammat-thana in Buddhism:**

Even there is the same root; the MPD is a doddle practice but gaining most benefit to human being and human world; Meditation, Yoga, Kammat-thana or any other which is related to religion is the most excellent while reaching goal, but along the path, there is so much risks and dangerous encountered and could not overcome, then they drop out away from the path. So there is only a little few reach the excellent goal. All wizards, witches, sorcerers, black magicians, super-natural ability and so on are not certainly good persons!

Grigori Rasputin who was the great bad man in Russian history and Deva-tatta monk in Buddhist history who could play super-natural abilities such as flying in sky, self-vanished, self-transfigure and so on. But he, Deva-tatta tried to assassinate the Eminent Enlightenment Buddha. Finally he died with most pitiful by Earth swallowed!

MPD is leading to warm mind, good self-discipline, loving kindness towards human being, better behavioral and so on and impairment a lot of defects. The practitioners with mind power accumulation of 3,000 MPUs will yield consistence much more information! Therefore, the MPD give much different and much benefit to human being and also no dangerous risks!

**\*Highest Mind Concentration or Super Natural...Not Certainly Good,  
but Warm Mind first and then Got Highest Mind Concentration or  
Super Natural...Certainly Good\***

**\*Therefore, the MPD is the great foundation of all religion members!!!\***

### **Mind Power Unit (MPU) accumulation of Parents and People:**

Although, the MPD regards on oxygen for good pulmonary system that affect metabolism of whole body for physical hygiene and mental but it is difficult to measure. The originator likes to count in minute which is simpler to count and accumulated.

Therefore, the MPD practitioner one time is 5 minutes; the practitioner receives 5 MPUs. And if practiced 4 times a day, it would receive 20 MPUs. The practitioner will reach earlier warm mind state at 3,000 MPUs. The observable changes at least as bright face, feeling friendly to all, care of others' feeling, warm treatment to others, don't like to say rude word, better self-discipline and some emotional illnesses are recovered such as all psychoses, depressed, furious, laziness, tricky, cheating, irritable, gambling, lustful, careless, fighting eager, autism, third gender and so on of emotion illness; release symptom of physical sickness such as allergy, migraine, blood pressure, Alzheimer, etc.

### **Although, if life broken down, the warm mind would go paradise!**

The person of 3,000 MPUs will give more different advantage as recommended above.

**May, the Highest God bless you to have successfully practice on MPD and get happy life never-ending.**

**With prayer, from Editor**

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